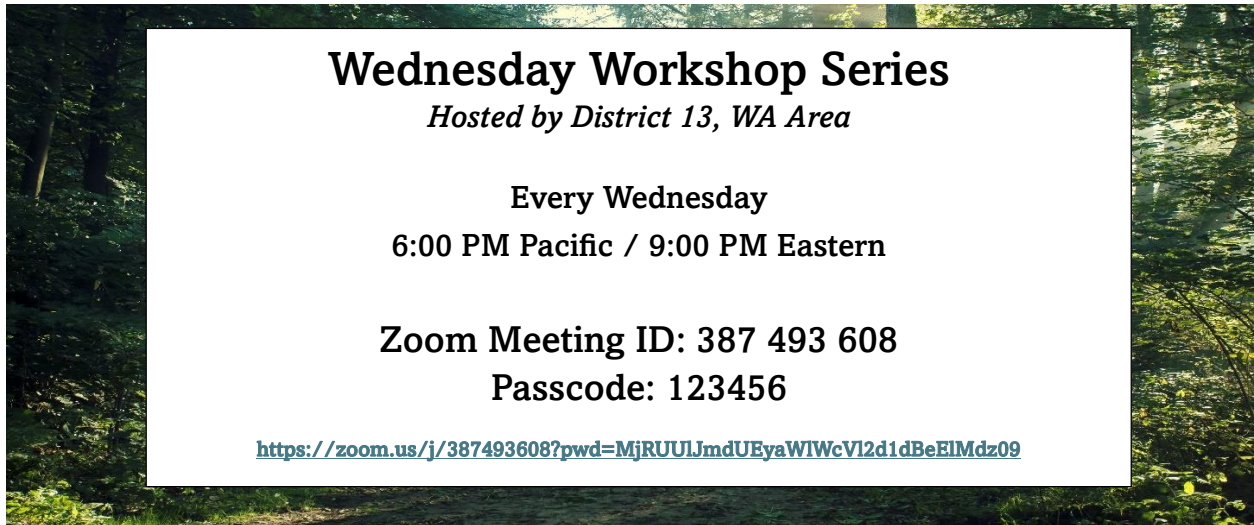


Reaching for Personal Freedom (P-92)



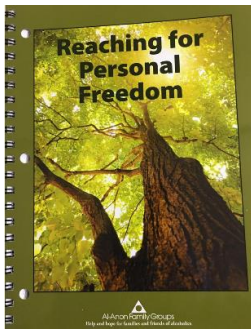
Wednesday Workshop Series
Hosted by District 13, WA Area

Every Wednesday
6:00 PM Pacific / 9:00 PM Eastern

Zoom Meeting ID: 387 493 608
Passcode: 123456

<https://zoom.us/j/387493608?pwd=MjRUULJmdUEyaWIWcVl2d1dBeElMdz09>

<https://al-anon.workshopseries.org>



We will have guest speakers each week share on a Step, Tradition and Concept.

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  - +1 507 473 4847
  - +1 564 217 2000
  - +1 646 931 3860
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  - +1 309 205 3325
  - +1 312 626 6799

- |                         |                                               |
|-------------------------|-----------------------------------------------|
| July 31 <sup>st</sup>   | Step One, Tradition One, Concept One          |
| August 7 <sup>th</sup>  | Step Two, Tradition Two, Concept Two          |
| August 14 <sup>th</sup> | Step Three, Tradition Three, Concept Three    |
| August 21 <sup>st</sup> | Step Four, Tradition Four, Concept Four       |
| August 28 <sup>th</sup> | Step Five, Tradition Five, Concept Five       |
| Sept. 4 <sup>th</sup>   | Step Six, Tradition Six, Concept Six          |
| Sept. 11 <sup>th</sup>  | Step Seven, Tradition Seven, Concept Seven    |
| Sept. 18 <sup>th</sup>  | Step Eight, Tradition Eight, Concept Eight    |
| Sept. 25 <sup>th</sup>  | Step Nine, Tradition Nine, Concept Nine       |
| Oct. 2 <sup>nd</sup>    | Step Ten, Tradition Ten, Concept Ten          |
| Oct. 9 <sup>th</sup>    | Step Eleven, Tradition Eleven, Concept Eleven |
| Oct. 16 <sup>th</sup>   | Step Twelve, Tradition Twelve, Concept Twelve |

*Al-Anon literature is available at [al-anon.org](http://al-anon.org)*