

CATALOG

of Al-Anon Conference
Approved Literature




Al-Anon Family Groups
Help and hope for families and friends of alcoholics

Al-Anon Conference Approved Literature (CAL) presents the Al-Anon program to members of our fellowship and the public at large. All Al-Anon CAL bears this seal along with the words:



Approved by
World Service Conference
Al-Anon Family Groups

This seal and statement give the assurance that the literature is produced only by Al-Anon and is consistent with the Twelve Steps, Twelve Traditions, and Twelve Concepts of Service of Al-Anon Family Groups.

The Al-Anon/Alateen literature and materials in this catalog are available through local Al-Anon Literature Distribution Centers.

Remember—when you buy from your local Literature Distribution Center, you support your local services.

If there are no Distribution Centers nearby, you can order using the form on page 11 or from the Al-Anon Online Store at al-anon.org/onlinestore

AL-ANON BOOKS

The Dilemma of the Alcoholic Marriage

Help for the spouse in dealing with problems in alcoholic relationships. Discusses anger, communication, sex, and more. Indexed, softcover. 102 pages.

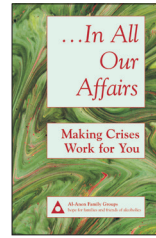
B-4 \$8.50 B-4c (Case of 24) \$153.00



... In All Our Affairs: Making Crises Work for You

Facing difficult situations, members reveal how they applied specific Al-Anon principles. Includes overcoming problems of abuse, death, infidelity, and more. Indexed, softcover. 255 pages.

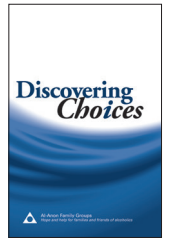
B-15 \$12.00 B-15c (Case of 24) \$216.00



Discovering Choices—Recovery in Relationships

Members share how they have improved a wide variety of relationships affected by alcoholism by using the program's tools. Indexed, softcover. 335 pages.

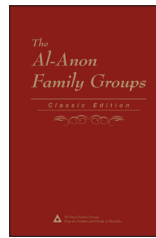
B-30 \$15.00 B-30c (Case of 24) \$270.00



The Al-Anon Family Groups—Classic Edition

Al-Anon's first book, in its original text, remains pertinent, connecting us with our pioneer members' legacy. With an added introduction, footnotes, and appendix. Indexed. 196 pages.

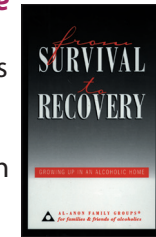
B-5 \$12.00 B-5c (Case of 24) \$216.00



From Survival to Recovery: Growing Up in an Alcoholic Home

Al-Anon adult children tell their stories. Explores the long-term effects of being raised with alcoholism, and why Al-Anon can help. Indexed. 303 pages.

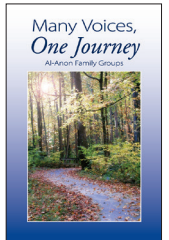
B-21 \$16.00 B-21c (Case of 24) \$288.00



Many Voices, One Journey—Al-Anon Family Groups

Al-Anon's story of growth and recovery as experienced by individual members and the fellowship as a whole over Al-Anon's first 60 years. Indexed, softcover. 426 pages.

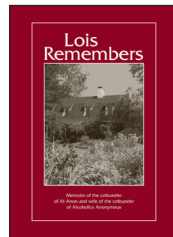
B-31 \$16.00 B-31c (Case of 24) \$288.00



Lois Remembers

Al-Anon's beginnings, as recalled by our cofounder, Lois W. She also describes the eventful years leading up to the founding of A.A. and Al-Anon. Illustrated, indexed, softcover. 208 pages.

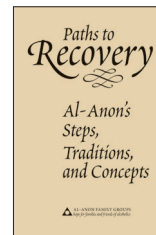
B-7 \$11.00 B-7c (Case of 24) \$198.00



Paths to Recovery—Al-Anon's Steps, Traditions, and Concepts

Thorough study guide for our Legacies. In-depth chapters on each Step, Tradition, and Concept of Service provide insight. Includes thought-provoking questions. Indexed. 366 pages.

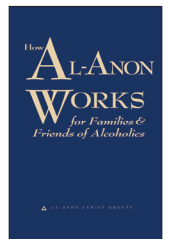
B-24 \$19.00 B-24c (Case of 24) \$342.00



How Al-Anon Works for Families & Friends of Alcoholics

Al-Anon's basic, most comprehensive book discusses all aspects of our program of recovery. Excellent for personal and meeting study. Indexed, softcover. 416 pages.

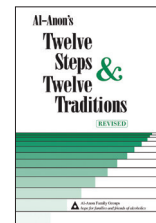
B-32 \$6.00



Al-Anon's Twelve Steps & Twelve Traditions (Revised)

Our first two Legacies, the Twelve Steps and Twelve Traditions, come alive through essays, reflections, and members' stories. Indexed. 164 pages.

B-8 \$10.00 B-8c (Case of 24) \$180.00



Opening Our Hearts, Transforming Our Losses

Grief and loss affect almost every aspect of living—or having lived—with alcoholism. Members share how they have learned to acknowledge and accept these losses with the help of Al-Anon Family Groups. Indexed, softcover. 201 pages.

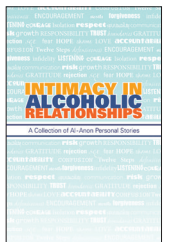
B-29 \$14.00 B-29c (Case of 24) \$252.00



Intimacy in Alcoholic Relationships—A Collection of Al-Anon Personal Stories

Members share their challenges with all aspects of intimacy—physical, emotional and spiritual—in all relationships affected by the family illness of alcoholism. Indexed, softcover. 144 pages.

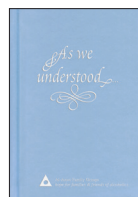
B-33 \$11.00 B-33c (Case of 24) \$198.00



As We Understood...

Spirituality, Al-Anon style. Members share their understanding of the spiritual ideas and tools of the Al-Anon program. Indexed. 273 pages.

B-11 \$11.00 B-11c (Case of 24) \$198.00

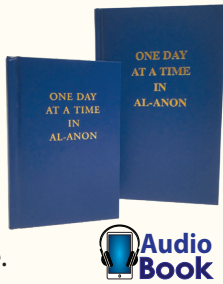


Prices are U.S. currency and subject to change. For current prices, check the Online Store or contact Al-Anon's World Service Office at (757) 563-1600. Many of these items are also available in French and Spanish. You can request the FS-16 or SS-16 order forms from the WSO or download them from our website.

AL-ANON & ALATEEN DAILY READERS

One Day at a Time in Al-Anon

An Al-Anon classic! Inspirational readings relate Al-Anon philosophy to everyday situations, helping to make each day better than the one before. Indexed. 384 pages.



B-6 \$11.00 B-6c (Case of 24) \$198.00
B-14 Large-print edition \$14.00
 B-14c (Case of 24) \$252.00

Alateen—a day at a time

Daily help for teens. Positive sharings from Alateen members around the world. Indexed. 384 pages.



B-10 \$9.50 B-10c (Case of 24) \$171.00

Courage to Change—One Day at a Time in Al-Anon II

More daily inspiration from a fresh, diverse perspective. Insightful reflections reveal surprisingly simple things that can transform lives. Indexed. 384 pages.



B-16 \$14.00
 B-16c (Case of 24) \$252.00
B-17 Large-print edition \$17.00
 B-17c (Case of 24) \$306.00

The Set: ODAT & CTC

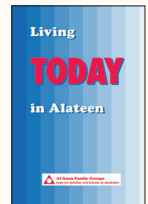
Buy together and save! Get both *One Day at a Time in Al-Anon* and *Courage to Change* at a reduced price.

B-18 \$23.00
 B-18c (Case of 24) \$414.00
B-19 Large-print set \$28.00
 B-19c (Case of 24) \$504.00

Living Today in Alateen

Alateen's second daily reader shows how members practice the program right now, *today*. Indexed. 378 pages.

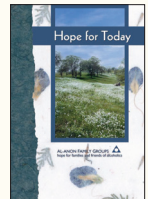
B-26 \$13.00
 B-26c (Case of 24) \$234.00



Hope for Today

Daily sharings from Al-Anon's adult children members are for anyone who wants to grow in acceptance, compassion, and understanding. Indexed. 383 pages.

B-27 \$14.00
 B-27c (Case of 24) \$252.00
B-28 Large-print, softcover edition \$17.00
 B-28c (Case of 24) \$306.00



AL-ANON BOOKLETS

Blueprint for Progress (Original Version)

Al-Anon's Fourth Step booklet includes reflections and inventory questions on six different aspects of personal growth. 5 ½ X 8 ½, 64 pages. (Also see P-91)

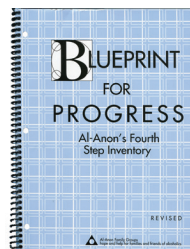
P-5 \$4.00 P-5c (Case of 150) \$540.00



Blueprint for Progress: Al-Anon's Fourth Step Inventory (Revised)

Workbook for conducting an in-depth inventory, expanded from P-5 to include additional sections on fear, anger, control, intimacy, sex, finances, and spirituality. Spiral bound and 8 ½ x 11. Three-hole punched. 96 pages.

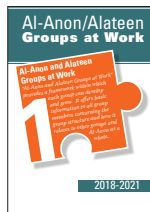
P-91 \$9.00 P-91c (Case of 50) \$405.00



Al-Anon/Alateen Groups at Work

Indispensable resource for members and groups. Includes Meeting Format, as well as ideas and information to encourage group unity.

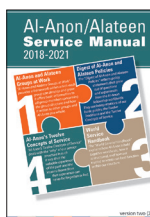
P-24 \$1.00 P-24c (Case of 150) \$135.00



Al-Anon/Alateen Service Manual

Essential reference sourcebook. Contains "Al-Anon and Alateen Groups at Work," "Digest of Al-Anon and Alateen Policies," "World Service Handbook," and descriptive text explaining "Al-Anon's Twelve Concepts of Service." Current edition. Indexed. Spiral bound.

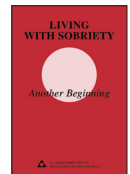
P-24/27 \$5.00 P-24/27c (Case of 24) \$108.00



Living with Sobriety: Another Beginning

Sobriety brings new challenges for the family and friends as well as the alcoholic. In this booklet, members share how they met these challenges. Indexed. 52 pages.

P-49 \$4.00 P-49c (Case of 150) \$540.00



When I Got Busy, I Got Better

The secret to recovery is service. Members share how Twelfth Step work builds self-esteem, confidence, and trust while reducing fear and isolation. 64 pages.

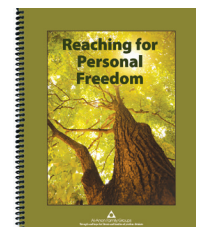
P-78 \$4.00 P-78c (Case of 150) \$540.00



Reaching for Personal Freedom—Living the Legacies

A workbook for using Al-Anon's Twelve Steps, Traditions, and Concepts of Service in one's personal life, it provides insightful examples from members and thought-provoking questions. Spiral bound and 8 ½ x 11. Three-hole punched. 176 pages.

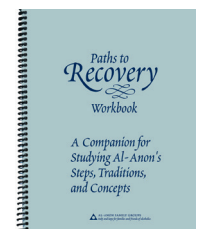
P-92, \$15.00 P-92c (Case of 24) \$270.00




Paths to Recovery Workbook

This companion piece to *Paths to Recovery* (B-24) contains the thought-provoking questions on each Step, Tradition, and Concept of Service found in the book, with space to write answers. Spiral bound and 8 ½ x 11. Three-hole punched. 112 pages.

P-93, \$10.00 P-93c (Case of 50) \$450.00
K-31 \$25.00 Set includes *Paths to Recovery* (B-24) and *Paths to Recovery Workbook* (P-93).



AL-ANON PAMPHLETS

() indicates that this is also available as free download at al-anon.org)

Al-Anon Is for Men

Helps men identify typical reactions to alcoholism in another person.

Six pages.

P-1 \$.30

Al-Anon, You, and the Alcoholic

Q & A basics address the most common concerns about Al-Anon and how it helps. Eight pages.

P-2 \$.35

Alcoholism, a Merry-Go-Round Named Denial

An Al-Anon classic! Dramatic analogy helps family members and friends see roles they play in the lives of alcoholics. 24 pages.

P-3 \$.75

Alcoholism, the Family Disease

Longtime favorite includes personal stories, questions and answers, "Do's and Don'ts," "Just for Today," "Maturity Checklist," and the "Three Obstacles to Success in Al-Anon." 32 pages.

P-4 \$.80

P-4L Large-print \$1.50

Freedom from Despair

A message of hope for anyone facing alcoholism, a problem we can't solve alone. Four pages.

P-6 \$.20

A Guide for the Family of the Alcoholic

Clear, realistic look at alcoholism, the problems encountered by those close to the alcoholic, and the choices available to the family. 12 pages.

P-7 \$.35

How Can I Help My Children?

Inspiring stories by parents describe how they helped their children understand the family disease of alcoholism. 24 pages.

P-9 \$.70

Purpose and Suggestions

Al-Anon's first pamphlet describes our fellowship's purpose and suggestions for applying it to improve our lives. Six pages.

P-13 \$.25



So You Love an Alcoholic

Suggests first steps to take for a changed attitude toward the alcoholic. Unexpected answers to the question, "What shall I do?" Six pages.

P-14 \$.25

Three Views of Al-Anon—Alcoholics Speak to the Family

Includes "An Open Letter from an Alcoholic" and other insightful essays from A.A. members on why they recommend Al-Anon to the families and friends of alcoholics. Eight pages.

P-15 \$.30

To Parents of Alcoholics

Sharings from parents of alcoholics and answers to frequently asked questions help relieve the fear, anger, blame, guilt, and confusion of realizing your child is an alcoholic. 16 pages.

P-16 \$.75

The Twelve Steps and Traditions

A pocket-sized starter guide to Al-Anon's Steps and Traditions. Also includes the "Three Obstacles to Success in Al-Anon." 24 pages.

P-17 \$.75

What Do YOU Do about the Alcoholic's Drinking?

Depicts common misconceptions of family members and friends of alcoholics in trying to cope and how Al-Anon can help. Eight pages.

P-19 \$.30

Sponsorship, What It's All About

Basic explanation of sponsorship provides guidance on finding a Sponsor, what to expect, and suggestions for Sponsors. 16 pages.

P-31 \$.40

This Is Al-Anon

Mini meeting guide includes Al-Anon's Suggested Welcome; Preamble; Serenity Prayer; Twelve Steps, Traditions, Concepts of Service; the slogans; and Closing. 12 pages.


P-32 \$.40

Why Anonymity in Al-Anon?

Covers the many reasons why anonymity is an important Al-Anon principle. Updated to address concerns of how to apply this principle to everyday situations, including Internet use. Eight pages.

P-33 \$.35

Why Conference Approved Literature?

About Al-Anon literature, how it is developed from members' shared experiences, and the importance of using it exclusively at Al-Anon/Alateen meetings. Six pages. ()

P-35 \$.10

Al-Anon Fact File

Factual information for the general public, media, and professional community. Eight pages.


P-36 \$.25

The Al-Anon Focus

Al-Anon members who are recovering alcoholics describe how focusing on the Al-Anon approach has helped them face the effects of someone else's drinking. Six pages.

P-45 \$.30

World Service Conference Summary

Reports and recovery stories from Al-Anon's annual Conference, held to ensure worldwide service and unity. Includes the World Service Office Annual Report. Current edition. ()

P-46 \$5.00 each for shipping & handling

Al-Anon Sharings from Adult Children

Lingering effects of parental alcoholism are illustrated through personal stories. Includes section on how adult children apply the Twelve Steps. 24 pages.
P-47 \$.75

Understanding Ourselves and Alcoholism

Learn about the disease and how compulsion, addiction, obsession, and denial affect alcoholics and those close to them. Six pages.
P-48 \$.25

Al-Anon Spoken Here

Keeping it Al-Anon to avoid dilution of our program. Questions and answers help us maintain our focus on Al-Anon, regardless of other interests or affiliations. Eight pages.
P-53 \$.35

The Concepts—Al-Anon’s Best-Kept Secret?

Explains Al-Anon’s third Legacy for worldwide service in an easy-to-understand manner. Illustrated. 32 pages.
P-57 \$ 1.00

Al-Anon’s Twelve Traditions Illustrated

Al-Anon’s second Legacy described with simplicity and humor to help us grasp the principles of the Twelve Traditions. Illustrated. 32 pages.
P-60 \$ 1.00


Does She Drink Too Much? From Men, about the Women in Their Lives

Men affected by women alcoholics share how Al-Anon has helped them. Six pages.
P-62 \$.30


Alateens Share with Adults in Their Lives

For any adult in contact with a teenager affected by someone else’s drinking. (Formerly titled *Dear Mom & Dad.*) Six pages.
P-67 \$.30

What Happens after Treatment?

Ideal handouts for professionals and facilities. 
P-81EF \$.15
P-81ES \$.15


Living in a Shelter?

Ideal handouts for professionals and facilities. 
P-82EF \$.15
P-82ES \$.15

Service Sponsorship: Working Smarter, Not Harder

Benefits of not doing it alone by having or being a Service Sponsor are explained. Includes tips for effective service experiences. Eight pages.
P-88 \$.50



Doubting Your Sanity?

Ideal handouts for professionals and facilities. 
P-89EF \$.15
P-89ES \$.15

Hope & Understanding for Parents & Grandparents

Includes a description of the challenges facing parents and grandparents of young problem drinkers, as well as a wide variety of inspiring personal stories and a section on how parents and grandparents apply the Twelve Steps. 24 pages.
P-94 \$.75

AL-ANON/ALATEEN ELECTRONIC LITERATURE

The following Conference Approved Literature are available in eBook  and/or Audiobook. 

Use the special links below to find out where you can purchase them.

Alateen—Hope for Children of Alcoholics al-anon.org/b3
One Day at a Time in Al-Anon al-anon.org/b6
Courage to Change al-anon.org/b16
Having Had a Spiritual Awakening . . . al-anon.org/b25

NEW! *Hope for Today* al-anon.org/b27
How Al-Anon Works al-anon.org/b32
The Forum magazine al-anon.org/eforum

AL-ANON & ALATEEN DVDs

Al-Anon and Alateen’s Role in Family Recovery

Al-Anon Family Groups’ newest video offers short presentations for outreach to three primary audiences—adults, teens, and professionals. Great for outreach to professionals, their clients, and the public. Available on DVD, 75 minutes in total.



AV-31dvd \$ 5.00
SAV-31dvd \$ 5.00 (Spanish subtitles)
FAV-31dvd \$ 5.00 (French subtitles)

DVD RENTALS

For membership rental only. \$25.00 (includes all postage). Before receiving rental video, a Video Rental Order Form (S-35) must be completed and submitted with payment. *This order form is available as free download at al-anon.org/loisdvdform.*

Lois’s Story (AV-1)

Al-Anon cofounder Lois W. describes our fellowship’s beginnings. Wonderful for workshops, conventions, and anniversaries. 1971, color, DVD, 33 minutes. Closed captions included.

Lois W. & the Pioneers (AV-24)

Al-Anon’s cofounder, first General Secretary, and first *Forum* Editor recall the formative years of Al-Anon’s headquarters. 1982, color, DVD, 22 minutes. Closed captions included.

ALATEEN LITERATURE

Alateen provides mutual support meetings for younger family members and friends of alcoholics. There is a wealth of wisdom for members of all ages in our Alateen literature.

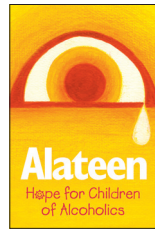
ALATEEN BOOKS

Alateen—Hope for Children of Alcoholics

Basic introductory book for teens affected by someone else's drinking. Easy-to-understand explanation of alcoholism and the Alateen program. Indexed, softcover. 128 pages.

B-3 \$7.50

B-3c (Case of 24) \$135.00

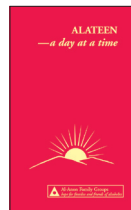


Alateen—a day at a time

Daily help for teens. Positive sharings from Alateen members around the world. Indexed. 384 pages.

B-10 \$9.50

B-10c (Case of 24) \$171.00

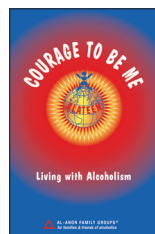


Courage to Be Me—Living with Alcoholism

Alateen's most comprehensive book, filled with shared recovery from Alateen members. Includes workshops for group discussions. Indexed, softcover. 326 pages.

B-23 \$11.00

B-23c (Case of 24) \$198.00



Living Today in Alateen

Alateen's second daily reader shows how members practice the program right now, *today*. Indexed. 378 pages.

B-26 \$13.00

B-26c (Case of 24) \$234.00



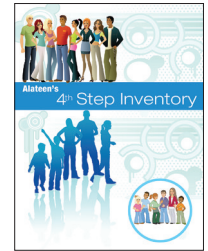
ALATEEN BOOKLETS

Alateen's 4th Step Inventory

This workbook keeps it simple for members of any age, with questions, cartoons, and space to write or draw your feelings. 48 pages.

P-64 \$5.00

P-64c (Case of 150) \$675.00



Alateen Talks Back on: Acceptance

Alateen members share on accepting the reality of their lives using prose, poetry, and artwork from the *Alateen Talk* newsletter. Illustrated. 32 pages.

P-68 \$2.00 P-68c (Case of 150) \$270.00

Alateen Talks Back on: Serenity

Alateen members share on searching for serenity using prose, poetry, and artwork from the *Alateen Talk* newsletter. Illustrated. 32 pages.

P-69 \$2.00 P-69c (Case of 150) \$270.00

Alateen Talks Back on: Slogans

Alateen members share how the slogans help, using prose, poetry, and artwork from the *Alateen Talk* newsletter. Illustrated. 32 pages.

P-70 \$2.00 P-70c (Case of 150) \$270.00

Alateen Talks Back on: Detachment

Alateen members share on letting go with love, using prose, poetry, and artwork from the *Alateen Talk* newsletter. Illustrated. 32 pages.

P-73 \$2.00 P-73c (Case of 150) \$270.00



ALATEEN PAMPHLETS/MATERIALS

(📄 icon) indicates that this is also available as free download at al-anon.org.)

Twelve Steps and Twelve Traditions for Alateen

Great meeting topic guide on our first two Legacies. Includes questions, discussions, and personal reflections by Alateen members. 60 pages.

P-18 \$.75

Youth and the Alcoholic Parent

Questions and suggestions help young people improve their own lives. 12 pages.

P-21 \$.40

A Guide for Sponsors of Alateen Groups

Basic information for Alateen Group Sponsors on starting and supporting an Alateen group. Six pages.

P-29 \$.10

Facts about Alateen

Basic information about Alateen, for young people affected by someone else's drinking. Six pages.

P-41 \$.25

Moving On! From Alateen to Al-Anon

Transitioning into Al-Anon described by former Alateen members as they continue recovery. 12 pages.

P-59 \$.50

Alateen Do's and Don'ts

Helpful suggestions on what to do—and what not to do. Wallet card.

M-9 \$.05

ALATEEN PAMPHLETS/MATERIALS

Continued

Just for Today (Alateen)

Offers Alateen ideas for making each day special, and reminders for focusing on the present.

M-11 Wallet Card \$.10

M-13 Bookmark \$.10

Alateen Logos

For identification purposes at Al-Anon/Alateen events. Self-adhesive red triangles.

M-15 100/\$2.25

Alateen Program Card

Wallet card with Alateen Preamble, Twelve Steps, Twelve Traditions, and Serenity Prayer.


M-18 \$.05

Daily Checklist for Myself

For Alateen members taking a daily inventory, this handy Step Ten sheet can help.

S-6 \$.20


Has Your Life Been Affected by Someone Else's Drinking? Alateen Is for You!

Twenty questions help young people decide if Alateen is for them. 

S-20 \$.03




Alateen Sponsorship—Is It for You?

Questions to help Al-Anon members decide about sponsoring an Alateen group. 

S-27 \$.10

Information for Educators: Alateen Meetings in Schools

Answers the questions educators ask about Alateen. Six pages. 

S-64 \$.05

Alateen Discount Package

Buy together and save on an assortment of Alateen pamphlets. Includes P-18, P-21, P-31, P-41, P-59, P-67, S-6, M-9, M-18.

K-6 \$6.75

Alateen Discount Package with B-3

Buy together and save on the contents of the K-6 Package plus Alateen—*Hope for Children of Alcoholics* (B-3).

K-7 \$10.25

NEWCOMER KITS

Packets for the newcomer contain basic information about Al-Anon/Alateen. Groups can add local meeting information and literature of special interest.

Al-Anon Newcomer Packet

Welcomes first-timers with basic introductory Al-Anon pamphlets assembled in a booklet. Includes P-14, P-19, P-48, P-53, P-67, S-4, M-12, and M-78.

K-10 \$1.40



Al-Anon Adult Children of Alcoholics Newcomer Packet

Welcomes those who grew up with parental alcoholism. Includes P-47, P-48, P-53, S-4, S-25, S-69, and M-12 assembled in a sleeve.

K-21 \$2.00

Men's Newcomer Packet

Welcomes men affected by someone else's drinking and lets them know they belong. Includes P-1, P-7, P-13, P-14, P-48, P-53, P-62, P-67, S-4, and M-12 assembled in a sleeve.

K-23 \$2.00

Parents' Newcomer Packet

Welcomes those whose child has a drinking problem. Includes P-7, P-13, P-14, P-16, P-48, P-53, P-67, S-4, and M-12 assembled in a sleeve.

K-24 \$2.00

Alateen Newcomer Packet

Welcomes new Alateen members with helpful leaflets assembled in a booklet. Includes M-9, P-21, P-41, P-67, and S-20.

K-18 \$1.75

SERVICE KITS/PACKETS

Professional Packet

Helpful leaflets for professionals who help families and friends of alcoholics. Includes P-41, P-48, S-4, S-17, S-20, S-25, S-37 assembled in a sleeve.

K-30 \$1.25

K-30c Canadian version \$1.25

Using Al-Anon Principles to Resolve Conflicts Kit

Information to aid members in preventing and dealing with conflict in Al-Anon groups and service arms. The Kit contains S-71, S-72, and S-73. Buy together and save.

K-70 \$9.00

AL-ANON/ALATEEN SERVICE TOOLS

 indicates that this is also available as free download at al-anon.org



Are You Concerned about Someone's Drinking?

Small leaflet for attracting people to Al-Anon.

M-1 \$0.03

Al-Anon Program Card

Wallet card with Al-Anon Preamble, Twelve Steps, Twelve Traditions, Twelve Concepts of Service, General Warranties, and Serenity Prayer.

M-7 \$1.10

Al-Anon Declaration Card

"Let It Begin with Me" wallet card reminder.

M-8 \$1.10

Just for Today

Offers Al-Anon ideas for making each day special and reminders for focusing on the present.

M-10 Wallet card \$1.10

M-12 Bookmark \$1.10

Al-Anon Logos

Self-adhesive blue triangles

M-14 100/\$2.25

Alateen Logos

Self-adhesive red triangles

M-15 100/\$2.25

Serenity Prayer Card

"God grant me..." wallet card reminder.

M-26 \$1.10

Al-Anon/Alateen Is & Is Not Bookmark

Helps professionals and others understand Al-Anon and Alateen.

M-44 \$1.10

Legacy Poster Set

Set of four 2'x 3' posters of Steps, Traditions, Concepts of Service, and Warranties. Rollable and tear-proof.

M-75 \$20.00

Sponsorship—Working Together to Recover

Bookmark about sponsorship, its purpose, and its focus. Includes essential characteristics of members who sponsor.

M-78 \$1.10

Alateen Table Card

Tent card reminds Al-Anon members that Alateen is available for their children. Space is provided to fill in the location, day, and time of the nearest Alateen meeting.

M-80 \$1.15

Just for Tonight Bookmark

Companion piece to the *Just for Today* Bookmark. Offers thoughtful reflections on Al-Anon principles to help the reader prepare for a peaceful, restful night.

M-81 \$1.10

Parents of Alcoholics Reprint

Stories from parents of alcoholics describe their struggle with detachment, responsibility, guilt, and letting go. Reprinted from Al-Anon's monthly magazine, *The Forum*. 12 pages.

R-18 \$1.00

Information for the Newcomer

Brief explanation of Al-Anon for the beginner. Eight pages. Revised 2016.


S-4 \$2.20

Anonymity Table Card

"Whom you see here..." tent card reminds members of confidentiality and our Twelfth Tradition.


S-9 \$3.35

Are You Troubled by Someone's Drinking? Al-Anon Is for You!

Twenty questions help individuals identify a need for Al-Anon. 


S-17 \$0.03

Detachment

Easy-to-use handout explains the basics of detachment. 


S-19 \$0.03

Has Your Life Been Affected by Someone Else's Drinking? Alateen Is for You!

Twenty questions for young people to decide if Alateen is for them. 

S-20 \$0.03

Seventh Tradition

Describes the meaning of self-support within the Al-Anon fellowship. Six pages. 


S-21 \$2.25

Al-Anon Focus/Declaration Table Card

One side of this tent card reminds members to focus on our Legacies and leave other affiliations outside Al-Anon meetings. Other side contains the Al-Anon Declaration.

S-24 \$1.50

Did You Grow Up with a Problem Drinker? Al-Anon Is for You!

Twenty questions for adult children to decide if they can benefit from Al-Anon. 

S-25 \$0.03

Links of Service

A clear and simple depiction of Al-Anon's Service Structure.

Six pages. 

S-28 \$1.15

Fact Sheet for Professionals


Ideal information for professionals, including counselors, doctors, and teachers. Five-panel pamphlet.

Revised 2019. 

S-37ES \$1.15 Bilingual (English/Spanish)

S-37EF \$1.15 Bilingual (English/French)


Attracting and Cooperating

Al-Anon's Eleventh and Twelfth Traditions are explained for members working with the media and professionals. Eight pages. 

S-40 \$1.10




Joy of Service

Describes the growth and recovery that can occur through service. Six pages. 

S-57 \$1.10



Alcoholics, Their Families, and the Judicial System

Helps lawyers, judges, family advocates, and other legal professionals refer families and friends of alcoholics to Al-Anon. Four pages. 

S-65 EF \$1.10 Bilingual (English/French)

S-65 ES \$1.10 Bilingual (English/Spanish)

Al-Anon's Path to Recovery—Al-Anon Family Groups Welcome Native Americans/Aboriginals


Outreach tool for Native communities describes the benefits of the Al-Anon program.

Six pages. 

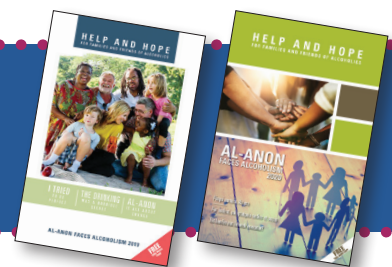
S-67 \$0.05



Al-Anon Faces Alcoholism magazine

Annual outreach magazine helps potential newcomers and professionals understand how Al-Anon can help. Current edition. 

AFAM 25/\$8.00




Alateen Service e-Manual

Information for Alateen Group Sponsors and all Al-Anon Members Involved in Alateen Service

(AMIAS). Available at al-anon.org/alateenmanual

Al-Anon Family Groups Welcome...African Americans...African Canadians...All People of Color

Outreach tool for people of color can help them identify a need for the Al-Anon program. Six pages. 

S-68 \$0.05

Al-Anon Family Groups Welcome Adult Children of Alcoholics

Outreach tool for those who grew up with alcoholism. Six pages. 

S-69 \$0.05

Loving Interchange to Resolve Conflict Wallet Card

Handy reminder for members and groups for ways to apply Al-Anon principles to resolve conflicts. Laminated fold-out card.

S-71 \$1.00

Conflict Resolution Using Our Twelve Traditions

Cards describe how applying Traditions can help resolve differences. Questions on each Tradition bring Al-Anon principles into the discussion.

S-72 \$4.00

Talk to Each Other—Resolving Conflicts within Al-Anon

Booklet that helps groups and service arms use the information in S-71 and S-72, with many examples of their direct applications in Al-Anon conflict situations. 16 pages.

S-73 \$4.50

COMPLIMENTARY MATERIALS

UPDATED! Outreach Bookmark

A simple means to share Al-Anon's message in libraries, waiting rooms, or other public places.

M-76 Free



Birthday Envelope

Celebrate your Al-Anon birthday by sending a gratitude donation using this preaddressed envelope. Trilingual (English, French, and Spanish).

E-1 Free

Memorial Envelope

In memory of a loved one, Al-Anon members may make donations using this envelope. A card is also included to send to family members of the deceased.

E-4 Free

Individual Envelope (Shoe)

Individual member contributions help express gratitude and ensure our program continues for future generations.

E-5 Free

MATERIAL FOR DOWNLOAD ONLY

The following items are available only as free downloads online at al-anon.org

Archives

Al-Anon: Then and Now (AR-2)

A brief history of Al-Anon, from the beginnings of A.A. to the present. al-anon.org/AR2

Area Request for WSO Research (AR-9)

Required form for research of historical information in the WSO Archives. Revised 2017 al-anon.org/AR9

Al-Anon's Cofounders: The Extraordinary Work of Two Ordinary Women (P-87)

About Al-Anon's beginnings, and how Lois W. and Anne B. founded Al-Anon Family Groups. Six pages. al-anon.org/P87

Lois's Story/Lois W. & the Pioneers video rental order form (S-35) al-anon.org/S35

Order Forms & Catalogs

One copy of any of the following may be ordered at no charge. They are also available as free downloads at al-anon.org/onlinestore.

Catalog: Al-Anon/Alateen Recovery and Service Material (S-15) al-anon.org/S15

Conference Approved Literature (CAL) and Service Materials order form (S-16) al-anon.org/S16

French Translations listing and order form (FS-16) al-anon.org/FS16

Spanish Translations listing and order form (SS-16) al-anon.org/SS16

Lois's Story/Lois W. & the Pioneers video rental order form (S-35) al-anon.org/S35

Guidelines

The shared experiences of Al-Anon and Alateen members on a wide variety of service roles and topics. (G-1 through G-41) al-anon.org/guidelines

Supplementary Materials

A.A.'s Resolution of Gratitude (S-10)

A.A.'s salute to Al-Anon, presented in 1969. al-anon.org/S10

Translations of Conference Approved Literature catalog (S-13)

Al-Anon books and pamphlets translated into 42 languages. al-anon.org/S13

Remember Al-Anon in Your Will (S-38)

Helpful information for members who wish to make a bequest to Al-Anon. Four pages. al-anon.org/S38

Fact Sheet for Electronic Meetings (S-60)

Guidelines for participating in electronic meetings while keeping within Al-Anon's policies and Traditions. Four pages. al-anon.org/S60

Group Inventory: Use of Conference Approved Literature (S-62)

Questions about Al-Anon literature as an important tool in group meetings and personal recovery. Four pages. al-anon.org/S62

FAQ for Al-Anon Websites (S-66)

Frequently asked questions and guidelines about creating and maintaining Al-Anon Websites. 12 pages. al-anon.org/S66

Forum Magazine

Forum Writing Guidelines (F-1)

Suggestions for submitting stories to Al-Anon's monthly magazine. al-anon.org/F1

Tips for GRs [Group Representatives] as Forum Representatives (F-2)

Letting your group know about *The Forum*. al-anon.org/F2

The Forum magazine order form (S-41) al-anon.org/S41

All Al-Anon/Alateen material is a collection of the shared experience, strength, and hope of its members, regardless of race, creed, gender, sexual orientation, age, and walks of life. Further, it is suggested that members read *all* material, not only that which focuses on particular situations.

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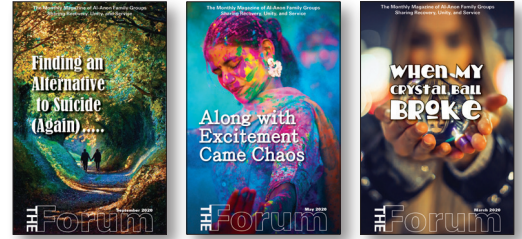
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The voice of Al-Anon recovery—today Al-Anon's monthly magazine features timely sharings from Al-Anon and Alateen members, suggested meeting topics, and the latest information on worldwide Al-Anon recovery. Experience and insight you won't find anywhere else!



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